

*Yahrzeits continued*

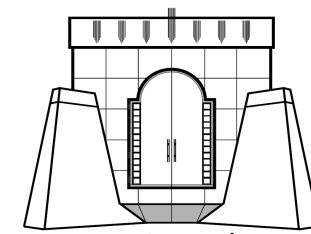
Aaron Nodelman, Grandfather of Doysa Markova  
Mikel Pesin, Grandson of Yudif Pesin  
Israel Polidi, Husband of Lydia Polidi  
Rahamim Rafael, Father of Lydia Polidi  
Etta Rosenbaum, of Blessed Memory  
Sarah Rosner, Mother of Agnes Grossinger  
David Salzman, Father of Michael Salzman  
Rachel Solomon, Mother of Murray Solomon  
Brian Stonehill, Brother of Eve Kedar  
Sadie Swedroe, Grandmother of Robert Swedroe  
Molly Ungar, Aunt of Joel Schwartz  
Robert Van Rossam, Cousin of Jerome Ganeles  
Isadore Weber, Father of Eleanor Dickman

**Refuah Sheleimah – A Complete Recovery**

Chaim ben Dina  
Annabel Rubin, (relative of Dina Yevelev)  
Arkadi Nisenzon (brother of Zoya Lazer)  
Roe ben Yaacov, Bob Eppinger (friend of Dorothy & Richard Dorsay)  
Craig Howlett (friend of Michael & Felicia Schaffer)  
Madelene Teifeld (member and mother of Barbara Green and Jan Krum)  
Robin Davis (daughter-in-law of Barbara Davis)  
Sara Pela bat Katura, Barbara Davis (member)  
Ze'ev Shamsa ben Sara Pela, Scott Evan Davis (son of Barbara Davis)  
Mark Schaengold (friend of Andrea & Steve Linder)  
Cathy Hebert (friend of Michael Schaffer)  
Ruth Diamond Levinson (aunt of Davida Adelberg)  
Lauren Phillips (sister of Janet Witkin)  
Julie Rubin (friend of Sandi Diamond)  
Gary Kipnis (member)  
Aaron Yaakov ben Yitzhak, Al Kass (member)  
Yosef ben Dreiza, Joseph Evans (father of Maureen Schneider)  
Daniel & Patricia Williamson (friends of Christel Sanders)  
Fraddel bat Devorah  
D'vera Riva bat Fraddel  
Chaya Leah bat D'vera Riva  
Baruch Shalom ben Fraddel  
Wolf Lev ben Hannah (father of Jane Blumenthal)  
Rivka bat Chaya Ettl (member)  
Yisrael ben Perel, Irwin Solomon (member)  
Allyson Guggenheim (granddaughter of Karen & Allen Guggenheim)  
Shimrona Chava bat Yendel Nucha  
Shoshana bat Eita (niece of Hy Burdman)  
Zelda Yudit bat Shena Fayag, Carol Gergis (cousin of Lawren Farber)  
Shlomo ben Chaya (father of Ricki Gafter)  
Rich Carlson (friend of Dori Jaroslow)  
Avraham ben Yehudit (father of congregant)  
Judy Trigger (cousin of Wendy Glasser)  
Zipporah bat Etki, Phyllis Maus (cousin of Lance Glasser)  
Arlene Nodleman (friend of Dina Yevelev)  
Ofira Avirit bat Sarah, Aurelia Nelson (member)  
Lauren Flato (wife of Steve Labovitz)  
Luba Pasumansky (relative of Yulia Shvarts)  
Julie Seltzer-Firsty (friend of the Labovitz's)  
Michael Acevedo (son-in-law of Ron & Alison Ruebusch)  
Harvey Stone (cousin of Wendy Glasser)  
Susan Dresser (friend of Myrtle & Joel Schwartz)  
Diane Fornwalt (relative of Helaine Green)  
Yehudit bat Eitah (niece of Hy Burdman)  
Faiga bat Ruth, Phyllis Zis (member)  
Hiroko Caster (friend of Barbara Davis)  
Meir ben Ze'ev, Milton Wiener (father of Barbara Davis)  
Leah Esther bat Leibisch, Laura Sharpe (member)  
Ruth Karpman (friend of Andrea Ammerman)  
Leib ben Chaya, Leib Nodelman (brother of Doysa Markova)

Donna Stone (cousin of Wendy Glasser)  
Yitzhak ben Aron (father of Phyllis Newman)  
Jerry Boyajian (friend of Wendy Glasser)  
Ephraim ben Chayyim, Philip Lempert (brother of Dennis Lempert)  
Walter Fulde (friend of Leonard & Sylvia Metz)  
Miriam Shoshana bat Bracha, Meredith Israel (friend of Jack Moore & Bonnie Slavitt-Moore)  
Reut bat Nehama (friend of Strod Family)  
Izabella Letskin (friend of Yulia Shvarts)  
Tzivvia bat Shandel, Harriette Kirschen, (mother of Sandy Mayer)  
Shayna Rochal bat Yehudit (sister of Lynne Kinsey)  
Michael ben Sarah (Michael Applesmith)  
Ellen Efron (friend of Susan Murai-Raider)  
Gary Heit (friend of Michael Schaffer)  
Chaye Reizel bat Ruchel  
HaRav Avraham ben Miriam (friend of Krongold family)  
David ben Hasya (friend of Yulia Shvarts)  
Elisheva bat Yehudit (friend of Sue Maltiel)  
Sivia bat Chava, Sylvia Gilvarg (aunt of Rachel Schwab)  
Yosef ben Esther, Jeff Sohn (friend of Rosa & Izak Bencuya)  
Fae Melmon (member)  
Irit Shirah bat Rivka, Irene Bricker (member)  
Ruben Abraham Moses Ben' Moshe (friend of Myrtle Schwartz)  
Rachmiel ben Yoheved  
Karen Carp (friend of Gafter family)  
Hodel bat 'Bracha, Helen Schulman (mother of Barbara Knaster)  
Dan Winkler (friend of Scott Knaster)  
Steve Wilson (friend of Tanya Lorien)  
Yehudit bat Eshke, Eunice Coleman (mother of Lynne Kinsey)  
Joe Sorger (member)  
Louis Halper (brother of Bill Halper)  
David Pinhas ben Breindal (member)  
Monya Riva bat Sheva, Marilyn Auerbach (sister of Sondra Goldberger)  
John Hirschberg (father of Donna Klein)  
Stanley Rojo (father of Susan Rojo)  
Frank Lanctot (father of Chet Lanctot)  
Frank Amara  
Davida bat Genja Liba (member)  
Adam Yavim ben Avraham v'Sarah, George Steres (member)  
Noach ben Sprinzah, Neil Schwab (cousin of Rachel Schwab)  
Joseph Saponaro (brother-in-law of Wendy Glasser)  
Ronit bat Shoshana, Georgina Levy (wife of Cantor Andres Levy)  
Isser ben Hannah, Isadore Kertzman (member)  
Ronee bat Moshe haLevi v'Ruth, Ronee Nassi (member)  
Zelda bat Miriam, Stephanie Lewis (friend of Ben Leitner)  
Rosa bat Riva (friend of Dina Yevelev)  
Rivka bat Y'hudit, June Cohen (mother of Alison Ruebusch)  
Devorah bat Mordechai haLevi, Dori Jaroslow (member)  
Rita Bourgault (friend of Rachel Schwab)  
Asher ben El Chanan, Joel Schwartz (husband of Myrtle Schwartz)  
Simcha Avram ben Sheindel (close friend of Debby and David Hoffman)  
Lorraine Howell (close friend of David Hoffman)  
Zev ben Shlomo Yehuda (friend of Paula & Marc Levitt)  
Masha bat Lina (mother of Sharon Joseph)  
Sue Glettig  
Alex Solis (friend of the Raider/Murai Family)  
Shoshana bat Rut  
Tom Foley (brother-in-law of Jackie Klein)  
Shayna Hannah bat Menuha Leah, Joyce Barman (member)  
Ira Irvy ben Mindy (cousin of Eve Kedar)  
Miriam Shirah bat Brachah Bayla (mother of Rabbi Shoshana Ohriner)  
Jack Goodman (member)

***We extend our condolences to the Dornfest family on the passing of Joan Dornfest.***



קהילת בית דוד  
Congregation Beth David

*There's a Place for Me at CBD!*

## פרשת מטות מסעי

### Parashat Mattot-Masei

28 Tammuz 5770 / July 10, 2010

Triennial Cycle III: Numbers 33:50-36:13

Humash Etz Hayim, page 957

Haftarah: Jeremiah 2:4-28, 3:4, 4:1-2, page 973

1. (33:50-56) An additional warning to uproot idol worship from Canaan.
2. (34:1-15) Instructions on dividing Canaan among nine and a half tribes.
3. (34:16-29) A list of the tribal heads.
4. (35:1-8) The forty-eight Levite cities.
5. (35:9-34) Laws concerning the cities of refuge.
6. (36:1-13) Final discussions concerning the daughters of Zelophchad.



*Candle lighting time for Friday, July 9, 8:13*



Receptionist/Front Desk		408.257.3333
Daniel J. Pressman, Senior Rabbi		
Aaron L. Schonbrun, Rabbi	On Sabbatical	408.366.9104
Tanya Lorien, Director of Administration	<a href="mailto:schonbrun@beth-david.org">schonbrun@beth-david.org</a>	408.366.9107
Barbara Biran, Ritual Director	<a href="mailto:lorien@beth-david.org">lorien@beth-david.org</a>	408.366.9106
Yulia Shvarts, Bookkeeper	<a href="mailto:biran@beth-david.org">biran@beth-david.org</a>	408.366.9109
Monica Hernandez, Bookkeeping Associate	<a href="mailto:shvarts@beth-david.org">shvarts@beth-david.org</a>	408.366.9108
Stacey Cabral, Facilities Coordinator	<a href="mailto:hernandez@beth-david.org">hernandez@beth-david.org</a>	408.366.9110
Iris Bendahan, Religious School Principal	<a href="mailto:cabral@beth-david.org">cabral@beth-david.org</a>	408.366.9110
Andrea Ammerman, R.S. Admin. Assistant	<a href="mailto:bendahan@beth-david.org">bendahan@beth-david.org</a>	408.366.9101
Lindsay Greensweig, Hebrew High Principal	<a href="mailto:religiousschool@beth-david.org">religiousschool@beth-david.org</a>	408.366.9101
	<a href="mailto:hebrewhigh@beth-david.org">hebrewhigh@beth-david.org</a>	408.366.9118

All submissions to Shabbat Bulletin are **due by 11:30 am on Wednesday** ([bulletin@beth-david.org](mailto:bulletin@beth-david.org))

## Hazak Hazak V'nithazzek:

**Be Strong, Be Strong, and Together We Will Be Strengthened**  
Rabbi Aaron Schonbrun

This [reciting Hazak Hazak] is in accord with the verse found in Joshua 1:8-9: "Let not this Book of the Teaching (Sefer Torah) cease from your lips, but recite it day and night, so that you may observe faithfully all that is written on it. Only then will you prosper and only then will you be successful. I charge you: Be strong and resolute (*chazak v'ematz*): do not be terrified, or dismayed, for the Lord your God is with you wherever you go." Hence the custom arose to declare upon completing the reading of an entire book of the Torah "Be strong..." **Beit Yosef, Rabbi Joseph Caro, 15<sup>th</sup> century, Spain, Gelbard, Rite and Reason, 132**

It is the custom in the synagogues of *Ashk'nazim* that when each book of the Torah is completed, the congregation rises and exclaims: "*Hazak Hazak v'nithazzek!*" (Be strong, be strong, and let us summon up our strength!). The phrase is an expansion of the exhortation of King David's general Joab before battle, "Be strong and let us summon up our strength [*hazak v'nithazzak*] for the sake of our people and the towns of our God" (2 Samuel 10:12).

Recitation of this phrase on completing a book of Torah reflects the transformation of an exhortation to physical, military prowess into a wish for spiritual strength. This custom is first clearly seen in 19<sup>th</sup> century Germany, where the briefer form "*Hazak v'nithazzak!*" (vocalized exactly as in the Bible\_ was addressed to the person who held the final aliyah of each book. Earlier, congregations would simply exclaim, "*Hazak*" (Be strong!) *S'fardim* also used to follow the latter custom; but nowadays they say, "*Hazak u-varukh!*" (Be strong and blessed!) to each person who returns to sit after having an aliyah, just as *Ashk'nazim* exclaim, "*Yishar Kohakha!*" (to a male) or "*Yishar Kohekh!*" (to a female)- that is, "May your strength be firm!" (Contrary to the popular opinion, this exclamation does not mean "May your strength be straight!" Yishar is not derived from πῶν, "straight," but from πρᾶ, "strong.")

Originally, whether after each aliyah or on the completion of a book, the exclamation "*Hazak!*" was addressed to the person who had read the Torah. It meant essentially, "More power to you!" Various explanations have been suggested for the practice. Because reading the Torah is a form of learning, some interpret the exclamation as encouragement to persist in learning Torah. Others understand it as encouraging and wishing strength for the Torah reader because serious learning of the Torah-including accurately preparing the public reading with all its vocalization, punctuation, and cantillation-can be exhausting. The phrase "*v'nithazzak*," "let us summon our strength" or "let us be strengthened," was subsequently added (on the basis of 2 Samuel 10:12) because the entire congregation had completed the book along with the reader and wished to include itself in these wishes.

In light of the meanings that have been found in all of these practices, we may understand "*Hazak hazak v'nithazzek!*" as follows:

"*Hazak*-More power to you, Torah reader, who has worked so hard to read the Torah accurately and pleasantly! *Hazak*-Congratulations to you, the person who had the final aliyah of the book! "*Vnithazzek*-May you, and we (the entire congregation) persist, study, read, and complete all the other books, drawing strength from the Torah!"

**Jeffery Tigay, Etz Hayim Humash 1504-15-5**

Four activities require chizuk (strengthening), ie. constant renewal of one's efforts in order to succeed, And these are: Torah study, the practice of good deeds, prayer, and pursuing a livelihood. **Babylonian Talmud, Berakhot 32b** (*Found as an explanation by the Pri Chadash, Rabbi Chizkiya ben David DiSilo, 17<sup>th</sup> century Italy, in Gelbard, Rite and Reason, 133*)

**One Last Piece of Daily Advice:**

Instill in our hearts to understand and comprehend, to listen, to learn, and to teach, to observe, to perform and to fulfill all of the words of the teaching of your Torah with love. **Ahavah Rabbah, Shacharit (Morning) liturgy**

## Announcements

### Hadashot Religious School

5771 School Year begins **September 12**

### **Tisha B'av: Communal Mourning**

**Monday July 19, 8:30 pm at Congregation Beth David**

**No evening minyan at 7:00 pm.** Congregation Beth David and Congregation Sinai join together for an evening of communal mourning with the chanting of Eicha (Lamentations).

### **Kita Zayin Mini Session Presenters**

The Kita Zayin Religious School curriculum is being redesigned to include a variety of mini-sessions (One to four 1-hour sessions, Wednesday afternoons). If you have a niche of Jewish knowledge you would like to share to inspire our B'nei Mitzvah-aged students, this might be your opportunity. Contact Iris at 366-9116 or at bendahan@beth-david.org.

### **Jewish Book Discussion Group**

**Saturday, July 10, approximately 1:30 p.m.**

The Jewish Book Discussion Group will meet in Rooms 3 & 4 to read aloud Philp Roth's "Defender of the Faith." Joanne Cornbleet will lead the discussion. Adults and teens welcome.

### **Hazak Happenings**

#### **BBQ and Picnic**

**Sunday, July 11, 2:00 pm**

**Blackberry Farm in Cupertino**

#### **Sisterhood**

##### **Creative Judaic Arts**

**Tzedakah Socks Crafting**

**Sunday, July 18, 1:00 - 2 :30 pm**

Beth David, Rooms 1 & 2. Join us as we knit socks for the homeless. It's a great knitzvah! Yarn and pattern provided. RSVP by July 17, Shannon Wells, the squeedler@gmail.com, (650) 954-5671

### **Take Me Out to the Ballgame!**

#### **Jewish Heritage Night**

**SF Giants vs. Colorado Rockies!**

**Tuesday, August 31, 7:15 pm, AT&T Park**

Come for a great night at the ballpark! Seats in Jewish Heritage section, Pre-Game Celebration in Scoreboard Plaza, featuring a Klezmer Band. Tickets: \$25/person, includes fundraiser for Sisterhood. For tickets, contact Carol Weiss, carollweiss@yahoo.com, (408) 735-7946 or Eve Kedar, evek@aol.com, (408) 646-6145

### **Adult Education**

**Demystifying the Mikvah**

**Sunday, July 18 3:00 - 4:30 pm at the Levy Family Campus**

"Demystifying the Mikvah" is an opportunity to learn about mikvahs and then take a tour of the new mikvah at the Levy Family Campus in Los Gatos. This program will include a talk about mikvahs, study of relevant texts, and a Q & A session. This Adult Ed program is free and open to men, women, and mature teens. RSVPs encouraged but not required. You may RSVP on the Beth David website at "Save the Date" under Life@CBD

## SFBAJGS Discussion and Meeting

**IAJGS Post Conference Discussion**

**Sunday, July 25, 2010**

**Doors open 1:00 pm, program begins 1:30 pm**  
*change of venue:*

**Congregation Beth Israel Judea**

**625 Brotherhood Way, San Francisco**

The San Francisco Bay Area Jewish Genealogical Society is featuring speakers from its membership to showcase the breadth of knowledge and resources in our group. Light refreshments will be served.

### **Men's Club**

**San Jose Giants' 2nd Annual Jewish Appreciation Day**

**Sunday July 25, 5:00 pm**

Watch the California League Champion San Jose Giants! Kosher Meal (under supervision) at a Pre-Game Tailgate! \$5 per ticket. **Details and to buy tix:** www.jewishgiants.com. Bring the family or donate tix to needy kids & families online. All proceeds benefit local synagogues & Jewish organizations.

### **Shabbat Family Service & Supper**

**Friday, August 6, 7:30 pm following the service**

Welcome back Rabbi Pressman!

Meet Rabbi Ohriner and his family!

Adults \$10; Youth (5-12) \$5; Child (0-4) Free; Family maximum \$30. RSVP on the Beth David website at "Save the Date" under Life@CBD by August 3.

### **BBQ & Bar'chu**

**Friday, August 27, 6:00 pm**

Join us for a Kosher barbeque, followed by Shabbat services. Adults & Teens \$18; Youth (6-12) \$10; Child (0-5) Free Family maximum: \$60. Please RSVP on the Beth David website at "Save the Date" under Life@CBD by August 20.

### **Weekly Summer Talmud Class**

**Beth David Library every Friday, 8:30-9:30 am**

**Friday, July 9 to September 3**

Explore the Talmud as we study B'rachot. Summer Talmud classes are led by Reuben Levy. Fall Talmud classes led by Rabbi Pressman will start after Sukkot and will include text studied during the summer.

### **Pack 504 Cub Master**

Our current Cub Master, Mike Rock, will be stepping down as his son will be moving on to Boy Scouts. This leaves our Beth David Pack 504 in need of a leader for next year. Anyone interested in taking over the pack please contact Mike at mrock@ehchomes.com.



*Mazel Tov to Bernardo and Caryn Kovar on the Bat Mitzvah of their daughter Melissa! Our thanks to the family for sponsoring the Kiddush Luncheon.*

## New Induction Loop Helps Hearing Aid Users

If you are one of the many Beth David members that uses a hearing aid or has a cochlear implant with a telecoil or T-switch, you may benefit from an improvement that was made to the Beth David Sanctuary and right side of the Social Hall when facing the stage. Thanks to combined donations, these two parts of the building were recently "looped," which means a copper wire was installed around the perimeters of the rooms and connected to the sound system and an amplifier. Next time you are at Beth David, if you sit within the looped areas and your T-Switch is turned on, the audio signal from the microphone will be transmitted directly to your ear.

I personally used the system at Sisterhood's Yad L'Kol program and heard every word that Jennifer Cornbleet said about her new cookbook and demonstration. I did not have to ask my husband to interpret or repeat for me. I am anxious to hear the High Holiday sermons without waiting for them to be posted on line, so I will be able to read them after the holidays.

There is no longer any need to wear the uncomfortable and awkward ear bud hearing enhancement head sets, which only sporadically worked. If you do not have a T-coil or do not know, if you have one; please ask your audiologist. Be ready for a pleasurable listening experience. Thank you Beth David for making our services and programs Hearing Aid friendly. Lynne Kinsey

## **The Mitzvah of Making a Minyan**

Come one, come all and join us every Sunday morning at 9:30 a.m. and Monday – Thursday evening at 7:00 p.m. for daily minyan. We are looking to include as many members of our Beth David family as possible in this wonderful tradition that brings comfort to our mourners and gives each of us a daily opportunity to connect with our soul, our community and our God. When it is your week, we invite you to look at your schedules and commit to at least one night to attend this important endeavor. If you have any questions or concerns, please contact Sandy Mayer at (408) 257-6129 or fammayer@aol.com.

• *A-D: First Week of the Month* • *L-R: Third Week of the Month*  
• *E-K: Second Week of the Month* • *S-Z: Fourth Week of the Month*

### **Yahrzeit**

Elke Alshansky, relative of Hava Goldman  
Vladimir Alter, Brother of Genya Glukhovsky  
Eva Berezovsky, Mother of Isaac Berezovsky  
Maria Bogoslovsky, Mother of Ida Frenkel  
Rubin Brook, of Blessed Memory  
Joseph Eisenfeld, Father of Frances Greenberg; Grandfather of Susan Greenberg-Englander  
Ruth Erman, Mother of Phyllis Zis  
Yaakov Etzioni, Father of Rivka Shenhav  
Julia Fils, Mother of Robert Fils  
Lillian Greenberg, Mother of Harriet Weiss  
Bertel Gumpel, Grandmother of Susan Leitner  
Gayle Gurevitz, Niece of Hal Silberstein  
Julius Gutwirth, of Blessed Memory  
David Hartman, Father of Sandra Silver  
Margo Heller, of Blessed Memory  
Anna Hurwitz, Grandmother of Michele Hittleman  
Asriel Jaimovich, Great uncle of Natalia Pogrebinsky  
Annie Kramer, Grandmother of Richard Kramer  
Irwin Leverah, Father of Judy Holtzman  
Paula Menkin, Mother of William Menkin *continued*